

**SUPPLEMENT FACTS**

Serving Size: 1 caplet

	<i>Amount Per Serving</i>	<i>%DV</i>
Vitamin A (as palmitate)	3000 IU	60
Vitamin A (as beta-carotene)	750 IU	15
Vitamin D (as cholecalciferol)	200 IU	50
Vitamin E (as tocopherol)	100 IU	334
Vitamin C (as ascorbic acid)	250 mg	417
Calcium (as carbonate, citrate)	75 mg	8
Potassium (as gluconate)	49.5 mg	2
Magnesium (as oxide)	37.5 mg	10
Niacin (as niacinamide)	20 mg	100
Thiamine	12.5 mg	884
Riboflavin	12.5 mg	735
Vitamin B6 (as pyridoxine HCl)	12.5 mg	625
D-calcium pantothenate	12.5 mg	125
Zinc (as citrate)	7.5 mg	50
Manganese (as gluconate)	2.5 mg	125
Copper (as glycinate)	1 mg	50
Folic acid	200 mcg	50
Selenomethionine	100 mcg	143
Biotin	200 mcg	17
Kelp	75 mcg	50
Chromium Dinicotinate	50 mcg	42
Sodium molybdate	25 mcg	34
Vitamin B12 (100% as cyanocobalamine)	25 mcg	417
Methionine (as DL)	20 mg	*
Choline (as bitartrate)	12.5 mg	*
Inositol	12.5 mg	*
PABA	12.5 mg	*
Phenalgina™	12.5 mg	*
Lipoic acid	2.5 mg	*
Boron (as boron chelate)	1 mg	*
Vanadium (as vanadyl sulfate)	50 mcg	*

\*Daily value not established